

DENIS PERERIA GRAY - OTHER SELECTED PUBLICATIONS

Academic publications

1967

Pereira Gray D. (1966/7) The role of the general practitioner in the early detection of malignant disease Gold Medal Essay 1966. *Transactions of the Hunterian Society*;

First gold medal

1969

Pereira Gray D. (1969/70) The role of the general practitioner in the care of the handicapped child Gold Medal Essay 1969 *Transactions of the Hunterian Society*:

*GP role described. First report of the significant features in the family of the child
Second gold medal.*

1977

Pereira Gray, D. (1977) *A System of Training for General Practice. Occasional Paper 4 Exeter :Journal of the Royal College of General Practitioners*

Established the educational reputation of the Exeter University Department of General Practice. Described the “training triangle.” Second edition 1979.

Pereira Gray, D. (1977) General practitioners and the independent contractor status. *Journal of the Royal College of General Practitioners*; **27(185)** :746-752.

Analysis of the strengths of the independent contractor status. Was sent as evidence to the Royal Commission on the NHS.

1978

Pereira Gray, D.J. (1978) Feeling at home. James Mackenzie Lecture 1977 *Journal of the Royal College of General Practitioners*; **28** :6-17.

Described the process of miniaturisation and the first suggestion that general practice is itself a behavioural science. Analysis of the value of home visiting.

1980

Pereira Gray D. (1980) Just a GP. Gale Memorial Lecture 1979 *Journal of the Royal College of General Practitioners*; **30(213)** :231-9

The last Gale Memorial Lecture of the former combined South West England Faculty covering the whole South Western region. First use of ‘Just a GP’ as a title.

1986

Pereira Gray, D. Marinker, M. and Maynard, A. (1986) The doctor, the patient, and their contract. I. The general practitioner's contract: why change it? *British Medical Journal (Clinical research ed.)*; **292(6531)** :1313.

The first of three articles by these three authors defending the idea of the basic practice allowance as proposed by the Government. Failed to persuade the BMA.

1989

Pereira Gray, D. (1989) McConaghey Memorial Lecture 1988. The emergence of the discipline of general practice, its literature, and the contribution of the College Journal. *Journal of the Royal College of General Practitioners*; **39(323)** :228.

Tribute to RMS McConaghey the Founding Editor of the RCGP Journal and the first report of the discipline of general practice being established in 1961.

1991

Pereira Gray, D. (1991) Research in general practice: law of inverse opportunity. *British Medical Journal*; **302(6789)** :1380.

Analysis of how research in general practice is disadvantaged compared to research in the specialties. Still not rectified.

1992

Pereira Gray D. (1992) *Planning Primary Care Occasional Paper 52* Exeter: RCGP

Policy for the development of general practice/primary care in the Southwestern region with the support of all the local medical committees and both the RCGP faculties in the region.

Pereira Gray D. (1992) Celebrating a general practitioner thesis: the Nijmegen way. *The British Journal of General Practice*; **42(365)** :534.

Learning the importance of celebrating academic success in the University of Nijmegen, the Netherlands, and copied this in Exeter.

1994

The Pereira Gray Report (1994) Report of the Royal College of Physicians, the Royal College of General Practitioners and the Royal College of Psychiatrists. Chairman, Professor Denis Pereira Gray Education and Training of doctors in the Healthcare Service for Prisoners London: The Home Office.

Unanimous report from three Medical Royal Colleges on prison medicine.

Pereira Gray, D., Steele, R., Sweeney, K. and Evans, P. (1994) Generalists in medicine. Editorial *BMJ*; **308(6927)** :486-487.

First BMJ editorial from four partners in a single general practice. Coined the term “living epidemiology” and advocated personal lists.

1995

Pereira Gray, D. (1995) Research general practices. *The British Journal of General Practice*; **45(399)** :516.

Advocated for research general practice and reported the Royal College of General Practitioners had established and funded four of them.

1997

Seamark, C.J. and **Pereira Gray, D (1997)** Like mother, like daughter: a general practice study of maternal influences on teenage pregnancy. *British Journal of General Practice*; **47(416)** :175-176.

Contribution to the theory family practice. Young women repeated their mother’s reproductive history even if they did not know all the details.

1998

Pereira Gray D. (1998) Forty-seven minutes a year for the patient. Editorial *British Journal of General Practice*; **48(437)** :1816.

First expression of GP continuity in terms of time patients and GPs have together.

2003

Pereira Gray D. (2003) Role reversal between primary and secondary care *Medical Education*;

Suggestion that primary care is becoming more technical and secondary care better at personal care. Described by Barbara Starfield as a remarkable hypothesis.

2004

Talbot-Smith, A., Gnani, S., Pollock, A.M. and **Pereira Gray, D. (2004)** Questioning the claims from Kaiser. *British Journal of General Practice*; **54(503)** :415-421.

Challenging response to a claim in the BMJ that the Kaiser system in the USA provided better care than the UK NHS. Showed the populations covered are very different.

2008

Reis, H.T., Clark, M.S., **Pereira Gray, D.J.**, Tsai, F.F., Brown, J.B., Stewart, M. and Underwood, L.G. (2008) Measuring responsiveness in the therapeutic relationship: A patient perspective. *Basic and Applied Social Psychology*; **30(4)** :339-348.

Patients who experienced continuity of GP care considered that the GP became more responsive to them.

Evans, P., Langley, P. and **Pereira Gray, D.** (2008). Diagnosing type 2 diabetes before patients complain of diabetic symptoms—clinical opportunistic screening in a single general practice. *Family Practice*; **25(5)** :376-381.

GPs were able to diagnosed diabetes before any symptoms of diabetes had been reported.

2012

Orton, P., Orton, C. and **Pereira Gray, D.** (2012) Depersonalised doctors: a cross-sectional study of 564 doctors, 760 consultations and 1876 patient reports in UK general practice. *BMJ open*; **2(1)** :000274.

The biggest study so far reported of GPs completing the Maslach Burnout study with about one third burntout on one of the three dimensions. Before Covid -19. Supervised Peter Orton's MD thesis.

2013

Chenore, T., **Pereira Gray, D.J.**, Forrer, J., Wright, C. and Evans, P.H. (2013) Emergency hospital admissions for the elderly: insights from the Devon Predictive Model. *Journal of Public Health*; **35(4)** :616-623.

Duration of registration with a GP alone significantly associated with lower rate of emergency admissions to hospital.

2015

Harding, A., Rosenthal, J., Al-Seaidy, M., **Pereira Gray, D.** and McKinley, R.K. (2015) Provision of medical student teaching in UK general practices: a cross-sectional questionnaire study. *British Journal of General Practice*; **65(635)** :e409-e417.

GP time in the curriculum plateaued. Big fall in the number of university departments of general practice.

Pereira Gray D (2015) Academic General Practice. Viewpoint on Achievements and Challenges *British Journal of General Practice*; **65(640)** :786-8

Lecture to the Society of Academic Primary Care in Birmingham. Difference between Professors of General Practice and Professors of Surgery.

2016

Orton, P.K. and **Pereira Gray, D.** (2016) Factors influencing consultation length in general/family practice. *Family Practice*; **33(5)** :529-534.

Theoretically important. Longer GP consultations are more patient centred.

Pereira Gray, D., Sidaway-Lee, K., White, E., Thorne, A. and Evans, P., 2016. Improving continuity: THE clinical challenge. *InnovAiT*; **9(10)** :635-645.

“Doctors tend to overestimate their effectiveness when consulting with patients they do not know, and underestimate their effectiveness when consulting with patients they know.”

2015/17

Pereira Gray D. (2017) Towards research-based learning outcomes for general practice in medical schools: Inaugural Barbara Starfield Memorial Lecture. *BJGP Open*; **1(1)**.

Delivered in the University of Exeter in 2015 but not published until 2017. First outline of a research-based curriculum for general practice.

White, E.S., **Pereira Gray, D.**, Langley, P. and Evans, P.H. (2016) Fifty years of longitudinal continuity in general practice: a retrospective observational study. *Family Practice*; **33(2)** :148-153.

First report of 50 years of consecutive registration by patients with a general practice. First author an attached student.

2017

Pereira Gray, D., Henley, W., Chenore, T., Sidaway-Lee, K. and Evans, P. (2017) What is the relationship between age and deprivation in influencing emergency hospital admissions? A model using data from a defined, comprehensive, all-age cohort in East Devon, UK. *BMJ Open*; **7(2)** :e014045.

After the age of 50 age outweighs social deprivation in influence on emergency admissions to hospital.

2019

Sidaway-Lee, K., **Pereira Gray, D.** and Evans, P. (2019). A method for measuring continuity of care in day-to-day general practice: a quantitative analysis of appointment data. *British Journal of General Practice*; **69(682)** :e356-e362.

The publication which named the SLICC (the St Leonard's Index of Continuity of Care) and the Own Patient Ratio (OPR). First report of GP continuity exceeding 50% in a single, 21st century, British general practice.

Pereira Gray D. (2019) Absence of intellectual challenge in medical schools. Letter. *British Journal of General Practice*; **69(685)** :368

*Response to **Destination General Practice** which reported that only 3% of British medical students saw any intellectual challenge in general practice.*

2020

Pereira Gray, D., Dean, D. and Dean, P.M. (2020) Childcare outside the family for the under-threes: cause for concern? *Journal of the Royal Society of Medicine*; **113(4)** :140-142.

Concern re biological reactions of small children to their absence from parents- in a UK journal.

Pereira Gray, D., Dean, D., Dineen, M. and Dean, P., (2020) Science versus society: is childcare for the under threes a taboo subject? *Epigenomics*; **12(14)** :1153-1155.

Follow up of the above in a US journal. The topic is being avoided hence a taboo exists.

2021

Sidaway-Lee, K., **Pereira Gray D.** Harding, A. and Evans, P. (2021) What mechanisms could link GP relational continuity to patient outcomes? *British Journal of General Practice*; **71(707)** :278-281.

Describes mechanism. for continuity of care.

2021

Pereira Gray D., Sidaway-Lee K, White, E., Dineen, M., Harding, A., Evans, P. (2021) The academic triad in general practice. Letter. *British Journal of General Practice*; **71** :301.

Academic triad. First description in general practice

2022

Delgado, J., Evans, P.H., **Pereira Gray, D.**, Sidaway-Lee, K., Allan, L., Clare, L., Ballard, C., Masoli, J., Valderas, J.M. and Melzer, D. (2022). Continuity of GP care for patients with dementia: impact on prescribing and the health of patients. *British Journal of General Practice*; **72(715)** :e91-e98.

Research reporting the biggest difference so far found of benefits for patients from GP continuity of care (>50%).

Pereira Gray, D., Sidaway-Lee, K. and Evans, P. (2022) Continuity of GP care: using personal lists in general practice. Editorial. *British Journal of General Practice*; **72(718)** :208-209.

Editorial supporting personal lists as a key form of general practice organisation, with examples of successful use.

2023

Pereira Gray D. (2023) General Practice: the Integrating Discipline Editorial *British Journal of General Practice*; **73(734)** :388-90

Contribution to the theory of general practice.

Pereira Gray D. Sidaway-Lee, K., Johns, C., Rickenbach, M. and Evans, P.H. (2023) Can general practice still provide meaningful continuity of care? *BMJ*; **383**

Justification of GP continuity with examples of good provision.

2025

Kajaria-Montag H Scholtes S **Pereira Gray D.** Sidaway-Lee K Freeman M Evans PH (2025) *British Journal of General Practice*; In press.

Letters in the national press

Twenty letters published in *The Times*.

Four letters published in the *Financial Times*.